

Make a Difference in a Family's Life!

The Liaison Program at She Believes in Me (SBIM) needs you. Being a liaison at SBIM not only changes the lives of families in our community, but it can change *your* life, too.

Being a liaison goes beyond delivering food. As a liaison, you deliver stability. You deliver care. You deliver support. You are there for your family in the toughest of times. As a liaison for She Believes In Me, we will support you in supporting your family every step of the way!

The families we are connected to in our liaison program come from local schools, whose school counselors and social workers refer children and their families to us for further support. Children approach their counselors and social workers seeking help for the grave distress they are experiencing daily. At SBIM, our goal is to help put an end to that distress, as no child deserves to suffer. Every child deserves a chance to succeed and be provided with the necessities to thrive and grow, including food assistance, emotional support, and more. As a liaison, you change a child's life by providing them with this support.

Currently, we have nine families on the Waitlist. Here are a couple examples of families who need help:

- **Family One:** Includes a mother who had a recent accident and is out of work, thus, lacking income to support her children who are in emotional distress.
- **Family Two:** Recently moved to our area and their living conditions are not ideal. The family lives in one room and they are only granted access to a kitchen once a day.
- **Family Three:** Mother has undergone surgery after a serious injury and the family is struggling financially. The daughter has been coping very poorly, and experiencing emotional and academic issues in school.
- **Family Four:** New to Herndon, is adjusting to the community and struggling due to lack of full-time work. The children are sleeping on floors without mattresses and pillows.
- **Family Five:** Children taking on adult responsibilities at home due to the mom working multiple jobs. This family is experiencing deep food insecurity as well.
- **Family Six:** Mother and father have been through considerable distress regarding their medical diagnoses and feel like they have nowhere else to turn for help.

Here is what some of our liaisons have to say about their experiences:

"I am happy to say that I have been a liaison for SBIM for over four years. My friend and I wanted a way for our girls to give back to our community and came upon SBIM. Our family consists of a single mother and her son. The mother works three jobs and has moved three times during the time we have been with her. She has warmed up to us and has told us how much she appreciates the help we have been able to provide her through SBIM. This is a great way to give back and help less fortunate families. It is very rewarding." - Katie C.



"One of the most impactful outcomes has been getting "A" (11 yo girl) the opportunity to have extracurricular activities, especially in the summer when she usually sits in her room while her parents are at work. SBIM gave her multiple camps to attend, which she was so excited about! I think the ability to trust that someone is simply there to help and always put the family first has been meaningful for "child A" and "child B". Their living situation is unstable. I feel they trust me as a person who will help them however I can and will never put them at risk." - Ashley C.

"The families get food so they can spend money on other important things; they have a connection to someone in case they need something. 3 out of 5 families do not have a car, so I can help if they have a special request. The kids are so excited to see me. For one family, SBIM and the liaison program has literally been a lifeline for them navigating life in the U.S." - Barb C.



As a She Believes In Me liaison, you are the saving grace for these families. You can be the person who they turn to provide an additional layer of support. We are committed to helping these families by building relationships through trust and providing them with stability, both physically and emotionally. Your support provides a family with hope for the future.

If you are interested in becoming a liaison for one of our families in need, please reach out to Sarah Buttrey at sarah@shebelievesinme.org. We hope you take the time to consider becoming a liaison. We are happy to provide more information or answer any questions you may have about the position!

Please consider sharing this information with others in the community who you think may be interested in becoming a liaison with She Believes in Me.

Thank you!